MISSION VALLEY YMCA GYMNASIUM SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
4:30 AM	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 7:30 am	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 6:55 am	Adult Open Basketball (18+) 4:30 - 7:30 am				
5:00 AM											Adult Open Basketball 6 - 7:55am	Adult Open Basketball 6 -7:55am	Adult Open Basketball 7 - 9:30am	Adult Open Basketball 7 - 9:30am
6:00 AM	Intermediate/ Advanced Adult Pickleball 7-10:55 am	Interm./Adv. Adult Pickleball 7:00-9:30 am	Beginner/Low Intermediate Adult Pickleball 7-10:55 am	Beginner/Low Intermediate Adult Pickleball 7-10:55 am	Intermediate/ Advanced Adult Pickleball 7-10:55 am	Interm./Adv. Adult Pickleball 7:35-9:30 am	Beginner/Low Intermediate Adult Pickleball 7-10:55 am	Beginner/Low Intermediate Adult Pickleball 7-10:55 am	Intermediate/ Advanced Adult Pickleball 7-9:25 am	Intermediate/ Advanced Adult Pickleball 7:35-9:25 am	Youth Sports Programming 8am-5:00pm	Youth Sports Programming 8am-5:00pm	Senior Women's Basketball (50+) 9:30 am- 3pm	Senior Women's Basketball (50+) 9:30 am- 4pm
7:00 AM														
8:00 AM						Beginner/Low Intermediate Adult Pickleball 9:30 -10:55 am								
9:00 AM		Beg./Low Intermediate Adult Pickleball 9:30 -10:55 am							Beg./Low Inter. Adult PB 9:25- 10:55 am	Beg./Low Inter. Adult PB 9:25- 10:55 am				
10:00 AM	Adult Pick Up Basket ball 11- 1:25 pm	Adult Pick Up Basket ball 11- 2:55 pm	Adult BB Pickup 11- 12pm	PB Lessons ($) 11- 12pm	Adult Pick Up Basketball 11- 1:25 pm	Adult Pick Up Basketball 11- 1:55 pm	Adult BB Pickup 11- 12pm	PB Lessons ($) 11- 12pm	Adult Pick Up Basketball 11- 1:25 pm	Adult Pick Up Basketball 11- 1 pm				
11:00 AM			Men's Pick Up Basketball (45+) 12 - 4 pm	Men's Pick Up Basketball (45+) 12 - 3 pm			Men's Pick Up Basketball (45+) 12 - 3 pm	Men's Pick Up Basketball (45+) 12 - 3 pm		SWBA 40+ 1 - 2pm				
12:00 PM	Adult Pick Up Volleyball 1:30 - 3:55pm				Adult Pick Up Volleyball 1:30 - 3:55pm	SWBA 40+ 2pm-3pm			Adult Pick Up Volleyball 1:30 - 3:55pm	Men's Basketball (45+) 2 - 3 pm				
1:00 PM		PB Lessons ($) 3- 5 pm		PB Lessons ($) 3-5 pm		PB Lessons ($) 3 - 4 pm	Open Play (13+) 3:05 - 4 pm	PB Lessons ($) 3-4 pm		PB Lessons ($) 3-4 pm			Family PB 3 - 4:30 pm	
2:00 PM	Sports Programming 4 - 8:50pm	Sports Programming 5 - 8:50pm	Sports Programming 4 - 8:50pm	Sports Programming 5 - 8:50pm	Sports Programming 4 - 8:50pm	Sports Programming 4 - 8:50pm	Sports Programming 4 - 8:50pm	Sports Programming 4 - 8:50pm	Open Play (13+) 4 - 5:25 pm	Open Play (13+) 4 - 5:25 pm			Open Play (13+) 4:30 - 6:50 pm	Adult Open Play (18+) 4 - 6:50 pm
3:00 PM									*All Levels Adult Pickleball 5:30- 8:50 pm	*All Levels 13+ Pickleball 5:30- 8:50 pm	All Levels Adult Pickleball 5 - 7:50 pm	Open Play (13+) 5 - 7:50 pm		
4:00 PM														
5:00 PM														
6:00 PM														
7:00 PM	Adult Open Play (18+) 8:50 - 10:20 pm	Open Play (13+) 8:50 - 10:20 pm	Adult Open Play (18+) 8:50 - 10:20 pm	Open Play (13+) 8:50 - 10:20 pm	Adult Open Play (18+) 8:50 - 10:20 pm	Open Play (13+) 8:50 - 10:20 pm	Adult Open Play (18+) 8:50 - 10:20 pm	Open Play (13+) 8:50 - 10:20 pm	Adult Open Play (18+) 8:50 - 9:50 pm	Open Play (13+) 8:50 - 9:50 pm				
8:00 PM														
9:00 PM														
10:00 PM														
10:30 PM														

*NOTE: FRIDAY GOALBALL DATES

- May 15, 2026
- June 19, 2026
- July 17, 2026
- August 21, 2026
- September 18, 2026
- October 23, 2026

THE FULL GYM WILL BE USED