



**MISSION:** We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

**VISION:** To be the catalyst to transform lives and communities.

**2026 ANNUAL CAMPAIGN  
RYAN FAMILY YMCA**

The Annual Campaign moves our mission forward  
**TO ENSURE ACCESS FOR ALL.**

**CREATING  
HEALTH EQUITY**

373 scholarships provided to families, teens, seniors, and children who needed us most

**SUPPORTING MENTAL  
HEALTH**

726 seniors stay connected to a supportive community with scholarships, subsidized membership & free community classes children who needed us most

**POSITIVE  
YOUTH DEVELOPMENT**

244 youth have access to safe spaces and build positive relationships in camp, childcare & recreational programs

**TESTIMONIAL**

"We are a family of five and we have been attending Adaptive swimming classes for almost 2 years, and we are very happy. It started with a recommendation from San Diego Regional Center, [who] suggested Anthony take swimming lessons because drowning is the number one cause of death in children with Autism. Besides that, lessons work on the sensory aspect.. and the social aspect as well. My son was nonverbal but little by little, with a lot of work, he is achieving it. He is a different child now. His confidence has improved. He is not afraid of water anymore. What makes me most proud is the fear he faces at such a young age and that perseverance. What I can highlight is how qualified they are to work with children with special needs. In many places, you have to constantly ask for respect for your child; here, it is very simple. I appreciate the openness, education and respect for different cultures. We feel comfortable here beyond nationalities and beyond language. We feel respected."

-Indira, Anthony's mom & Adaptive swim parent



**COMMUNITY NEED**

**\$370,000 to provide equitable access to YMCA memberships, programs and services.**



**YOUR GIFT CHANGES LIVES**

- \$125** provides a Senior with 3 months of membership, and a pathway to social connection, well-being and longevity.
- \$550** supports a child with one month of Preschool tuition, to build a foundation of lifelong learning.
- \$1,032** provides a family an entire year of membership where kids grow, parents thrive and community is built.
- \$2,500** ensures 25 students are water safe with fully subsidized swim lessons, building confidence around water and in life.

**YOUR SUPPORT MATTERS**  
[ymcasd.org/ryangive](http://ymcasd.org/ryangive)

**GIVE.  
VOLUNTEER.  
SHARE.**

