

MISSION VALLEY YMCA GYMNASIUM SCHEDULE – SUMMER (JUNE–AUGUST)

the Y YMCA	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY														
	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2													
5:00 AM	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL 5- 8 AM	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL	ADULT OPEN BASKETBALL																	
6:00 AM	5- 7 AM		5- 7 AM	5- 7 AM	5- 8 AM	5- 7 AM	5- 8 AM	5- 7 AM	5- 8 AM	5- 7 AM	5- 8 AM	ADULT OPEN BASKETBALL 6- 8 AM	ADULT OPEN BASKETBALL 6- 8 AM														
7:00 AM	INTERMEDIATE/ ADVANCED ADULT PICKLEBALL 7- 11 AM	INTERMEDIATE/ ADVANCED ADULT PICKLEBALL 8- 11 AM	BEGINNER/LOW INTERMEDIATE ADULT PICKLEBALL 7- 11 AM	BEGINNER/LOW INTERMEDIATE ADULT PICKLEBALL 8- 11 AM	INTERMEDIATE/ ADVANCED ADULT PB 7- 11 AM	INTERMEDIATE/ ADVANCED ADULT PB 8 - 11 AM	BEGINNER/LOW INTERMEDIATE ADULT PICKLEBALL 7- 11 AM	BEGINNER/LOW INTERMEDIATE ADULT PB 8 AM-11 AM	INTERMEDIATE/ ADVANCED ADULT PICKLEBALL 7-9:30 AM	INTERMEDIATE ADVANCED ADULT PB 8-9:30 AM BEGINNER/LOW INTERMEDIATE ADULT PB 9:30- 11 AM	YOUTH SPORTS PROGRAMMING 8 - 4 PM	YOUTH SPORTS PROGRAMMING BASKETBALL 8 - 4 PM	ADULT OPEN BASKETBALL 7- 9:30 AM	ADULT OPEN BASKETBALL 7- 9:30 AM													
8:00 AM									BEGINNER/LOW INTERMEDIATE ADULT PICKLEBALL 7-9:30 AM				WOMEN'S BASKETBALL 50+ 9:30- 3 PM	WOMEN'S BASKETBALL 50+ 9:30- 4 PM													
9:00 AM									ADULT PICK UP BASKETBALL 11- 1:30 PM						ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11-1 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP VOLLEYBALL 1:30- 4 PM	PB LESSONS (\$) 3- 4 PM	FAMILY OPEN PLAY BASKETBALL 3- 4 PM	PB LESSONS (\$) 3- 4 PM	FAMILY PB 3- 4:30 PM	FAMILY OPEN PLAY BASKETBALL 4- 5:50 PM			
10:00 AM																									ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM
11:00 AM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM		ADULT PICK UP BASKETBALL 11- 1:30 PM															ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM	ADULT PICK UP BASKETBALL 11- 1:30 PM
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CHILDREN ARE NOT ALLOWED IN THE COURTS DURING PICK UP GAMES | AGES 12 AND UNDER MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES | ADULT = 18+
AGES 13+ ARE ABLE TO USE THE COURTS DURING BASKETBALL OPEN PLAY WITHOUT ADULT PRESENT | TIME ALLOTED IS FOR SET-UP AND BREAKDOWN

BASKETBALL COURT CLOSURES:

6/10/25

10-11:30AM

6/19/25

2:30-4PM

6/23-6/26/25

9:30-12:30PM

6/27/25

9-11AM & 12-3PM

7/14-7/18/25

9:30-12:30PM

7/28-8/1/25

9:30-12:30PM

TEXT MVGYM TO 619-558-5388 TO RECEIVE GYMNASIUM
UPDATES ON YOUR PHONE.