



Partners in  
Prevention

# PARTNERS IN PREVENTION ANNUAL REPORT 2021

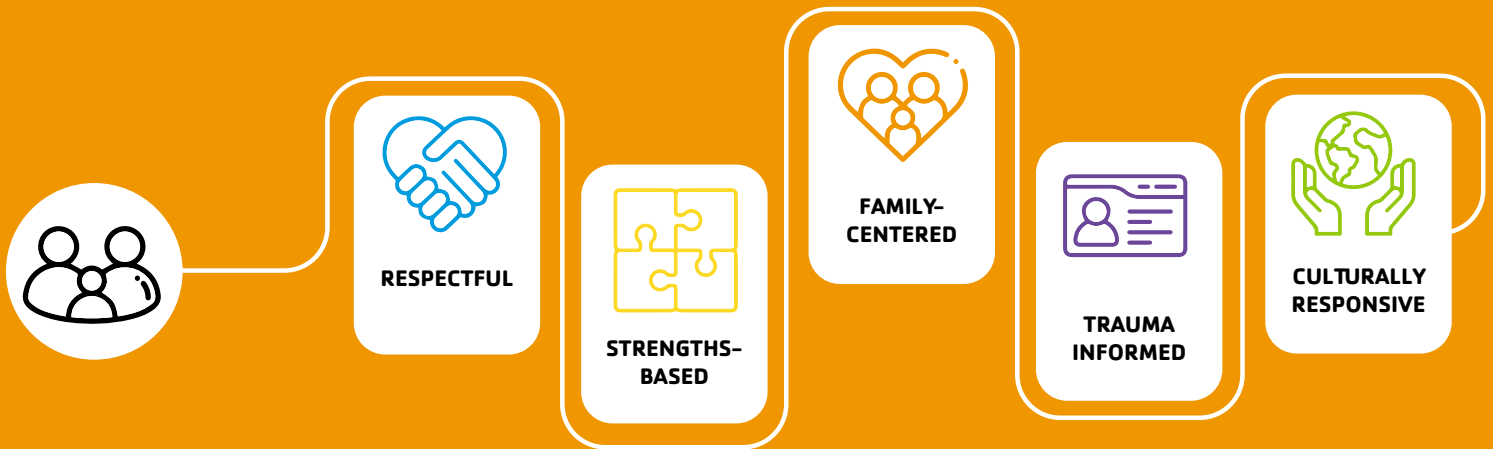
## ABOUT PARTNERS IN PREVENTION

Partners in Prevention (PiP) is a San Diego county-wide initiative that brings together over 200 community partners to cultivate a connected community and nurture caring, strong, safe, and healthy families. YMCA Childcare Resource Service serves as the backbone organization for Partners in Prevention and works in partnership with Child Welfare Services, San Diego State University's Social Policy Institute, Harder and Company Research, and many other cross-sector partners and community members, strives to ensure that families have equitable access to supportive strengths-based, family-centered, trauma-informed, and culturally responsive prevention services and resources, where, when, and how they want them.

By implementing cross-sector, systems-level coordination of best practices in services and partnerships, Partners in Prevention helps families increase their protective factors – the skills, experiences, and resources necessary to prevent child abuse and neglect and promote family well-being. To enhance family protective factors, we aim to improve, align, and provide family access to critical community resources and supports.



# GUIDING PRINCIPLES



# VALUES



**EQUITY:** we will acknowledge, address and actively challenge historical and systemic inequities that disproportionately impact children and families of color and those living in poverty.



**IMPACT:** we will catalyze culturally appropriate, strength-based, evidence-informed and outcomes-driven efforts to increase child and family well-being.



**INCLUSION:** we will seek out diverse voices and honor perspectives of those with lived experiences to inform our work and influence system change to better support all families to thrive.



**PARTNERSHIP & COLLABORATION:** we will actively build trusting, authentic and productive relationships to improve outcomes for children and families.



**ACCOUNTABILITY:** our work will align, leverage and expand partnerships to achieve shared goals for children and families in San Diego.



# DEVELOPING A ROADMAP

In 2020, San Diego State University Social Policy Institute, in partnership with Partners in Prevention, developed a [Landscape Scan](#) and [Snapshot](#) to:

- Identify communities with indicators of risk for child abuse and neglect
- Highlight additional challenges created by the pandemic
- Recommend policies and systems to increase prevention and wellness throughout San Diego

The Landscape Scan and Snapshot guide our shared work of building protective factors, providing culturally appropriate services, and meaningfully engaging the community.

We also engage the San Diego community to build relationships and connections, listen for understanding, partner with community members with lived experiences to understand the barriers and risk factors contributing to child maltreatment and identify supports that foster well-being.

- In summer of 2020, we hosted ten virtual listening sessions to gather feedback from community members, service providers, child care providers, parents, and caregivers.
- In January 2021, we partnered with 211/CIE San Diego to hold a listening session with Community Information Exchange (CIE) partners to identify areas for improvement. Community partners were able to share feedback on their experiences, their hopes for CIE integration with other systems, and discussed shared ideas for improvements with CIE and PiP.
- Based on the Landscape Scan and Snapshot findings, we supported two additional virtual listening sessions with the Jackie Robinson Family YMCA branch in southeastern San Diego and Border View Family YMCA in San Ysidro to better understand the needs and preferences for service delivery in these communities.



As the community provided input, [key themes emerged related to access, effectiveness, and availability of community resources and services](#). PiP has integrated the findings of the listening sessions into the prioritization of activities for the coming year, including a commitment to expanding community partnerships and co-developing recommendations for how and what family support services exist with youth and families with lived experience.

## REIMAGINING & TRANSFORMING WAYS TO SUPPORT FAMILIES

Reimagining the systems, structures, programs, and shared approaches to supporting families is a monumental task that requires authentic partnership, shared goals, consistent and coordinated efforts, and effective action. PiP is the convener of this systems-level change. Throughout this past year, we continued to build and bring together our network of partners to listen and learn from one another, share best practices, and align goals and action steps.

PiP values the needs and perspectives of all participating organizations. In November 2020, Harder and Company conducted a Social Network Analysis survey of PiP partners to better understand their needs and objectives for partner engagement. These results directly inform how we communicate and organize efforts with partners.



# KEY ACTIVITIES

PiP has completed the following activities over the past year:

## COMMUNITY PARTNERSHIP & COLLABORATION

- Convened approximately 120 partners from cross-sector organizations for monthly Partner Network Meetings to provide projects updates, build community, and share resources.
- Established the Ad Hoc Diversity, Equity, and Inclusion Subcommittee to discuss, develop, and deepen our commitment to diversity, equity, and inclusion best practices.
- Collaborated with the First 5 Strategic Plan Committee to coordinate strategy, plan future initiatives, and meaningfully engage stakeholders.
- Contributed to Family First Prevention Services Act planning with San Diego Child Welfare Services and ICF to align and leverage community-level prevention priorities.
- Created a Partners in Prevention [website](#) and embedded [resource board](#) to raise awareness and access to shared resources.
- Began a partnership with the University of Kansas Our Tomorrows, an information-gathering tool to capture authentic stories from community members to better understand the needs and preferences for service delivery across San Diego communities.

Convened the Partners in Prevention Advisory Committee consisting of 16 partners from the following organizations:



211 San Diego/Community Information Exchange, First 5 of San Diego, Rady Children's Hospital, San Diego Volunteer Lawyer Program, Harder+Company Community Research, San Diego for Every Child, Child Welfare Services, Office of Child Abuse Prevention, SAY San Diego, Casey Family Programs, San Diego Foundation, YMCA Childcare Resource Service, SDSU Social Policy Institute, American Academy of Pediatrics - California Chapter 3, Strategies TA and CA Department of Social Services - Office of Child Abuse Prevention.

## TRAINING & TECHNICAL ASSISTANCE

- Provided trainings to partner organizations grounded in research on the Strengthening Families Framework: Protective Factors, Culturally Responsive Practices, Healthy Outcomes from Positive Experiences (HOPE), Trauma-Informed Care, Adverse Childhood Experiences and Resilience.
- Made progress on developing an Integrated Learning System to support integration and adoption of service delivery best practices.

IN 2021, WE PROVIDED  
**18 TRAININGS**  
TO 240 PARTICIPANTS  
ACROSS 4 SOCIAL  
SERVICE AGENCIES



## ASSESSMENT & REFERRAL

- Convened an Assessment and Referral Workgroup to streamline a common assessment tool by developing shared language and establishing service delivery best practices based on family strengths and self-identified needs.
- Integrated the Protective Factors 2 Survey into 211 San Diego's Community Information Exchange (CIE) which is now available for any CIE partner to utilize through the Community Information Exchange. This completed PiP's initial goal with assessment and referral, opening the door to new possibilities and efforts in 2022.

## EARLY CHILDHOOD MENTAL HEALTH CONSULTATION

PiP provides Early Childhood Mental Health Consultation, which is an evidence-based preventative approach intended to support caregivers in building capacity to respond to individual child behavior and development needs. Services can include engagement with families, caregivers, and early care and education providers. This approach strengthens protective factors through education, skill and resilience building, and connection to resources. [This service is offered for free to caregivers and families, and a fee may apply to child care providers, programs, and preschools. Services can be accessed here.](#)



# WHAT'S NEXT?

Partners in Prevention is well-positioned to pilot new and innovative approaches to prevention in the next year. As we navigate an everchanging landscape at the systems-level with shifting community needs, PiP consistently evaluates and resets goals and priorities. Looking ahead, PiP has set six clear priorities for 2022:

- Improve and expand cross-sector partner engagement and coordination through workgroups. Upcoming workgroups include: Early Childhood Mental Health Consultation, Continuous Quality Improvement, Community Information Exchange Affinity Groups and Family Resource Center Expansion.
- More deeply center our work in equity, inclusion, and lived experience.
- Increase access and utilization of services.
- Build capacity for service delivery best practices and Community Information Exchange.
- Support parents, caregivers and child care providers directly through Early Childhood Mental Health Consultation.
- Dissemination and Sustainability: Amplify successes and lessons learned and strategically explore sustainability opportunities for project components (anticipated transition in 2024).



# HOW TO GET INVOLVED?

Partners in Prevention welcomes all who are interested to participate in this community initiative. Ways you can get involved: participate in our workgroups, share your resources, experiences and perspectives, check out our training and support offerings, join 211 San Diego's Community Information Exchange (CIE), [request Behavior Consultation support services](#) and join our Partner Network. Contact us for more information!

## FOR MORE INFORMATION, PLEASE CONTACT:

Aimee Zeitz, MFT  
(she/her/hers)  
Regional Director of Strategic Advancement and Project Director of Partners in Prevention  
Strengthening Families Department, YMCA Childcare Resource Service  
203-449-7220 | [azeitz@ymcasd.org](mailto:azeitz@ymcasd.org)

Lexie Palacio, MA  
(she/her/hers)  
Community Collaborative Director of Partners in Prevention  
Strengthening Families Department, YMCA Childcare Resource Service  
619-837-8070 | [lpalacio@ymcasd.org](mailto:lpalacio@ymcasd.org)

Partners in Prevention Email: [partnersinprevention@ymcasd.org](mailto:partnersinprevention@ymcasd.org)

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