



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING
& BELONGING**

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



**CONNECTION
IN COMMUNITY**

**2025 ANNUAL CAMPAIGN
JOE AND MARY MOTTINO FAMILY YMCA**

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

The Joe and Mary Mottino Family YMCA impacted the lives of

10,353
individuals

across a variety of programs and services focused on health and well-being.

COMMUNITY NEED

\$141,000 to provide equitable access to YMCA memberships, programs, and services.



OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT

ENSURING ACCESS FOR ALL



TESTIMONIAL



The Mottino YMCA opened at the most perfect time in my life. My daughter was diagnosed with leukemia. Her younger brother is unable to go to appointments with us due to hospital protocol. In between school and hospital visits for chemotherapy it really put our family in a tough financial situation. There are only so many people you can trust at such a delicate time. YMCA provides a safe and educational space for my son. The scholarship has helped me not only afford childcare, but has helped me afford a gym membership where I can stay physically and mentally strong for my family. The YMCA Preschool has arrived at Mottino at the perfect time! – Jade and Zander C.

**GIVE.
VOLUNTEER.
SHARE.**



**SCAN
QR CODE**



**CREATING
HEALTH EQUITY**

\$26,103
amount allocated

to our appreciated military families for memberships and programs so they can experience normalcy in their lives in times of displacement.

**SUPPORTING
MENTAL HEALTH**

Keep our seniors golden!
Over 900

active adults (65 years and up) are able to enjoy the YMCA while focusing not only on mental health, but also on fitness goals and social companionship as well.

**NURTURING
YOUTH DEVELOPMENT**

Nearly 5,000
youth supported

with enjoyable, positive youth programming through childcare, camp, youth sports and enrichment.

YOUR SUPPORT MATTERS >>>>> ymcasd.org/mottinogive

INVESTING IN OUR COMMUNITY

YMCA OF SAN DIEGO COUNTY



Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay. When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

1 IN 10
PEOPLE
that live in
San Diego
live in poverty

Our Y ensures
ACCESS
FOR ALL
regardless of
ability to pay

The Joe and Mary Mottino
Family YMCA provided
8,607
direct scholarships,
subsidized program/membership
enrollments in the past year ensuring
access for all

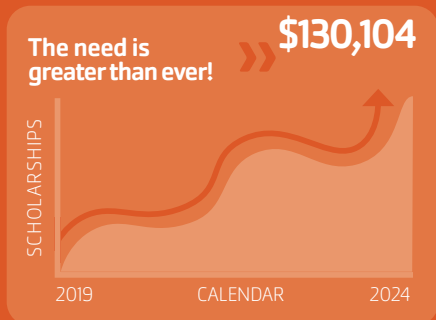


STORY OF IMPACT

"At one of the lowest and most difficult points in my life, the YMCA offered me refuge, support, and community. I first interacted with the YMCA in my home state of Florida. Freshly extracted from a volatile and dangerous domestic violence filled situation. I was at a complete loss. I had three children, two of which were under the age of three. I walked into the YMCA seeking a gymnastics class for my oldest but found instead a safe haven. I was able to qualify for a scholarship which put no financial strain on my already strained money situation. I was able to give my oldest one-on-one attention while the other two were in a safe and caring child watch area. I would often come to the YMCA and put the children in child watch just to find a moment to breathe. Fast forward to 2020, I had moved from Florida to California and sought out the YMCA hoping for the same help and comfort. Through the Mottino YMCA, I was loved and encouraged. It is only through this love and encouragement that I was able to accomplish so many of my professional and personal goals. The scholarship that I received allowed me to work on both my mental and physical health." - Tonja, scholarship recipient

YOUR
GIFT
CHANGES
LIVES

- \$100** assists in cultivating equity and opportunity for all.
- \$250** gives the gift of safety around water with one month of swim lessons.
- \$500** supports a child with two weeks of camp.
- \$1,000** provides a low-income working family with a month of childcare .



Nearly
800
swim lessons

taught to all ages. Drowning is the #1 cause of death for children 1-4 years old. The Mottino Y makes sure that everyone is safe around water with yearlong swim lessons.

1,278

youth given the gift of quality
early education

All youth, regardless of family income, deserve the opportunity to thrive and reach their fullest potential with educational opportunities from preschool to after school care.

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