



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING
& BELONGING**

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



**CONNECTION
IN COMMUNITY**

2025 ANNUAL CAMPAIGN

ESCONDIDO YMCA

A CAMPUS FOR COMMUNITY WELL-BEING

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

As a leading nonprofit, our Y is making a difference in Escondido

by providing youth and family-focused programs, including our important mission to send children from Escondido schools to YMCA Overnight Camps.

COMMUNITY NEED

\$50,000

to provide Escondido kids

with the opportunity to experience YMCA Overnight Camp programs. These funds will be matched, so that 100 children can enroll for Summer 2025.

OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT

ENSURING ACCESS FOR ALL



TESTIMONIAL



For the past three years, thanks to generous donors, the Escondido YMCA has successfully fundraised to send children from the Escondido School District to San Diego's three YMCA Overnight Camps. At camp, these kids get to disconnect from TV and social media and spend a week being themselves in the outdoors.

"Maximiliano participated in the YMCA Camp Surf program. I was surprised by everything he learned, what he solved or tried to solve with his own tools and how happy and satisfied he came out of this camp experience. Max is looking forward to this camp with enthusiasm and I would have no hesitation in letting him go again."

-Happy Camper Parent

SEE OUR IMPACT IN ACTION



CREATING HEALTH EQUITY

100

Escondido children

will hike mountain trails, surf ocean waves or care for horses in the highly active and hands-on summer overnight camp programs.

SUPPORTING MENTAL HEALTH

Spending time outdoors at Overnight Camp is essential for

children's mental health

as it provides them with a break from screens and daily stressors, fostering a deeper connection with nature. Outdoor activities promote physical exercise, which releases endorphins and reduces anxiety and depression.

NURTURING YOUTH DEVELOPMENT

The social interactions and independence gained in a camp setting

help children build self-esteem and resilience, positively impacting their overall emotional well-being.

YOUR SUPPORT MATTERS >> ymcasd.org/escondidogive

