



YMCA OF SAN DIEGO COUNTY  
**COMMUNITY  
WELL-BEING  
& BELONGING**

**MISSION**

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

**VISION**

To be the catalyst to transform lives and communities.



**CONNECTION  
IN COMMUNITY**

2025 ANNUAL CAMPAIGN  
**YMCA OF SAN DIEGO COUNTY**  
THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

**OUR IMPACT**

The YMCA of San Diego County impacted the lives of

**289,740**

individuals,

with an astounding 497,852 well-being interactions across a variety of programs and services.

**COMMUNITY NEED**

**\$7.5M to provide equitable access to**  
YMCA memberships, programs, and services.



**OPENING OUR DOORS TO:**

**HEALTH EQUITY**

**MENTAL HEALTH**

**YOUTH DEVELOPMENT**

**ENSURING ACCESS FOR ALL**



TESTIMONIAL



Excerpts from a mother with two sons on the autism spectrum:

"My boys love being at the Y. I watched them make friends, build confidence, and most importantly, feel like they belong. For us, the YMCA isn't just a gym or a childcare center. It's a place where my children are accepted and safe while stimming (an autistic coping mechanism) in happiness. So when you support the Y, you're doing more than donating to a program. You're giving families like mine a place to feel whole again – a place where children and parents alike can grow, connect, and thrive. Thank you for believing in us, for supporting the Y, and for making this incredible journey possible."

**GIVE.  
VOLUNTEER.  
SHARE.**

**SCAN  
QR CODE**



**CREATING  
HEALTH EQUITY**

**198,551**  
scholarships

provided to families, teens, seniors, and children who needed us most.

**SUPPORTING  
MENTAL HEALTH**

Distributed  
**\$336,000**

in emergency funds to support family cohesion and reunification for children and families impacted by the child welfare system.

**NURTURING  
YOUTH DEVELOPMENT**

**253,982**  
youth supported

in Membership, Day & Overnight Camps, Swim Lessons, Child Care, Preschool, Sports & Gymnastics, Adventure Clubs, Childcare Resource Service, Youth & Family Services, and Expanded Learning programs.

**YOUR SUPPORT MATTERS >> [www.ymcasd.org/aogive](http://www.ymcasd.org/aogive)**

# INVESTING IN OUR COMMUNITY

## YMCA OF SAN DIEGO COUNTY



Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

**1 IN 10 PEOPLE**  
that live in  
San Diego  
live in poverty

Our Y ensures  
**ACCESS FOR ALL**  
regardless of  
ability to pay

YMCA of San Diego  
County provided  
**198,551**  
scholarships  
ensuring access for all



## STORY OF IMPACT

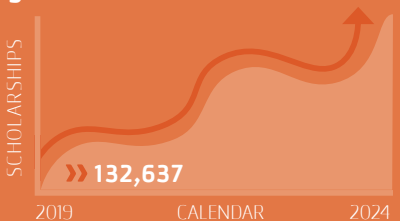
"Two years ago, my husband passed away suddenly, and both of the kids were very lost, and they started to attend YMCA overnight camps. This experience has made such a great impact in their life. The staff, the management, and the counselors have all been amazing, and have taken care of the children as if they were their own. I now recommend YMCA overnight camps to every parent I come in contact with who wants their children to have a positive experience to learn and grow emotionally, mentally, and physically into healthy adults."

-Julia

**YOUR  
GIFT  
CHANGES  
LIVES**

- \$397** ..... sends a child to a week of Day Camp.
- \$538** ..... provides Before & After School care for a month.
- \$1,284** ..... provides a year membership for individuals with physical disabilities in partnership with the Challenged Athletes Foundation.
- \$2,500** ..... provides one month of subsidized care and rent so a young person has safety and support.

The need is greater than ever! » **198,551**



Provided  
**3,369**  
bed nights

to young people living  
in our YMCA  
transitional homes.

**19,392**  
families  
and children

connected to child care referrals  
and direct financial support  
with child care vouchers.

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