

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



2025 ANNUAL CAMPAIGN >>> TOBY WELLS YMCA ((((()

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

The Toby Wells YMCA impacted the lives of

1**7,942** individuals



COMMUNITY NEED

\$178,000 to provide equitable access to

YMCA memberships, programs, and services.



OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT

ENSURING ACCESS FOR ALL in in it is in



ESTIMONIAL

"The LIVESTRONG program was a morale booster for me after breast cancer. Following two surgeries and radiation, the program's structured workouts with expert trainers and fellow survivors were exactly what I needed. The encouragement, camaraderie and compassionate guidance accelerated my recovery and lifted my spirits. I'm incredibly grateful for this free program. I truly hope others can also benefit from LIVESTRONG."

– Leslie E.

GIVE. VOLUNTEER. SHARE.





SCAN **QR CODE**



CREATING <u>HEALTH EQ</u>UITY

youth

received Adaptive Programming through Camp I CAN, providing a fun, safe and nurturing camp experience for children with autism. SUPPORTING MENTAL HEALTH

1 in 4

who walk through our door

receive scholarship, enabling them to nurture their mind, body and spirit.

NURTURING YOUTH DEVELOPMENT

10,715

youth supported

in Day Camps, Swim Lessons, Child Care, Sports & Gymnastics.

INVESTING IN OUR COMMUNITY 於於於於於於於於於於於於於於於 **TOBY WELLS YMCA**

Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

1 IN 10 **PEOPLE**

that live in San Diego live in poverty

Our Y ensures **ACCESS FOR ALL** regardless of

ability to pay

Toby Wells YMCA provided 14.055 scholarships ensuring access for all



STORY OF IMPACT < < < < < < < < < < The autistic joy, celebratory cheer and unyielding support that the YMCA and its Camp I CAN staff have

shown to not only our son, but to our entire family, at every single step of the Camp experience is this spectacularly illuminating, enveloping and soul charging experience that comes only from the YMCA's genuine, heartfelt and unreserved acceptance of our son's entire self. They honor and treasure his autistic gifts and in doing so, set him free to be wholly himself. I'm tearing up as I write these words because outside of spaces made available to Quill by the YMCA and Camp I CAN, the only other spaces that we see Quill being illuminated by and radiating autistic joy are during times/activities spent with our family/close friends. Even at his school, where he spends his day in a dedicated classroom for autistic children, nothing comes close to what we see when we send him to Camp I CAN. So, for another incomparable week of Camp I CAN, we salute you. Thank you. Thank you for every single minute. And we will see you next year!"

- Mother of Quill B., Camp I CAN camper

YOUR **GIFT CHANGES** LIVES

\$50 provides one month of adaptive gymnastics for a child.
\$100 provides a month of life-saving swim lessons.
\$250 supports a senior with 6 months of membership.
\$500 provides a child with two weeks of summer day camp.
\$1,000 provides 6 months of before and after school childcare for a family.
\$2,500 provides a child four months of full-time developmental preschool.

Distributed \$500,927 in scholarships

to families, teens, seniors and children who needed us most.

Provided 512 life-saving swim lessons

through scholarships last year.

2,982 vouth

received scholarship last year, allowing children from all walks of life to be able to reap the benefits of the Y.